

AN OFFICE WITH St. FURSEY

(Pause where marked *)

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen

Give ear to my words, O LORD

For ever and ever, Amen.

O God of Justice, when I call answer me

For ever and ever, Amen.

Our Father . . .

Watch over us eternal Saviour lest the skilful tempter snatch us, because you have become our helper for ever.

Psalm 51

Have mercy upon me, O God, after thy great goodness; * according to the multitude of thy mercies do away mine offences.

For I acknowledge my faults; * and my sin is ever before me.

But lo, thou requirest truth in the inward parts; * and shalt make me to understand wisdom secretly.

Thou shalt purge me with hyssop, and I shall be clean; * and I shall be whiter than snow.

Thou shalt make me hear of joy and gladness; * that the bones of those which thou hast broken may rejoice.

Turn thy face from my sins; * and put out all my misdeeds.

Make me a clean heart, O God; * and renew a right spirit within me.

Cast me not away from thy presence; * and take not thy holy Spirit from me.

O give me the comfort of thy help again, * and stablish me with thy free Spirit.

Then shall I teach thy ways unto the wicked; * and sinners shall be converted unto thee.

Deliver me from my guiltiness, O God, thou that are the God of my health; * and my tongue shall sing of thy righteousness.

Thou shalt open my lips, O LORD; * and my mouth shall show forth thy praise.

For thou desirest no sacrifice, else would I give it thee; * but thou delightest not in burnt offering.

The sacrifice of God is a troubled spirit; * a broken and a contrite heart, O God, shalt thou not despise.

A reading from *Nobilitate Vigens Furseus*, the medieval office of St. Furseus

There was a man venerable in life by name Furseus, noble by birth but more noble in faith.

Happy is the man who follows not the counsel of the wicked.

For ever and ever, Amen.

As he increased in age, as by the grace of providence he increased daily in the performance of good deeds.

For ever and ever, Amen.

Intent on the praises of God, according to the apostolic discourse, leaving his family he did not cease to find time for the study of scripture.

For ever and ever, Amen.

Shining out amongst the stars, Furseus bishop and abbot, he was mighty in power.

For ever and ever, Amen.

Let us pray

God, who conferred the rewards of eternal blessedness on the soul of your servant Furseus, graciously grant that we who are oppressed by the weight of our sins, may be lifted up to you by his prayers.

For ever and ever, Amen.

Cont

The Fursey Loricæ

**The arms of God around my shoulders,
The touch of the Holy Spirit upon my head,
The sign of Christ's cross upon my forehead,
The sound of the Holy Spirit in my ears,
The fragrance of the Holy Spirit in my nostrils,
The vision of heaven's company in my eyes,
The conversation of heaven's company on my lips,
The work of God's church in my hands,
The service of God and the neighbour in my feet,
A home for God in my heart,
And to God, the Father of all, my entire being.**

~ Silence ~

LORD now lettest thou thy servant depart in peace, according to thy word.

For mine eyes have seen thy salvation, which thou has prepared before the face of all people.

To be a light to lighten the Gentiles

And to be the glory of thy people, Israel.

The LORD be with you;

And also with you.

Let us bless the LORD;

Thanks be to God.

Office taken from Vespers, Nocturns, and Compline of *Nobilitate Vigens Furseus*

Main Sources:

[Nobilitate Vigens Furseus](#)

[Fursey Loricæ](#)

Click [here](#) for a booklet version of the Office. Printed out and folded in two twice, it becomes an A6 booklet.